

Training the Trainer – School Nutrition and Health Courses

As part of the Healthy Food and Drink Team's commitment to improving all aspects of nutrition in schools we are pleased to offer free short training sessions through our standard service agreement.

These are new short informal courses are designed to empower staff to deliver on/receive the latest guidance on and discuss how to take specific areas forwards in their own schools.

These courses are to be delivered across the county following a pilot. – Currently we are recruiting schools for pilot work.

Courses include:-

- Food and nutrient based standards
- Tuck-shops and vending
- Breakfast and after school clubs
- Healthy food bought into school – lunchboxes and snacks
- Working with your caterer
- Nutrition in the curriculum KS 1&2
- Nutrition in the curriculum KS 3&4
- Cookery clubs KS 1&2
- Cookery clubs KS 3&4
- Health and Nutrition displays for schools – open days, intake days, HIPs etc..
- Key Health Messages
- Free school meals
- Hot school meals
- Growing clubs
- The SLA
- Governors role within Healthy Eating
- Restricted diets
- Dietary considerations for special groups
- Others can be arranged

Please fill in the attached form and return it to the Healthy Food and Drink Team

Please return completed application to:

Healthy Food and Drink Team (TRAINING), Northamptonshire County Council,
John Dryden House, 8-10 The Lakes, Northampton, NN4 7DD
Email food&drink@northamptonshire.gov.uk

Application for training courses

Training the Trainer – School Nutrition and Health Courses

Please indicate with a tick interest in the following courses

Food and nutrient based standards	
Tuck-shops and vending	
Breakfast and after school clubs	
Healthy food bought into school – lunchboxes and snacks	
Working with your caterer	
Nutrition in the curriculum KS 1&2	
Nutrition in the curriculum KS 3&4	
Cookery clubs KS 1&2	
Cookery clubs KS 3&4	
Health and Nutrition displays for schools – open days, intake days, HIPs etc..	
Key Health Messages	
Free school meals	
Hot school meals	
Growing clubs	
The SLA	
Restricted diets	
Diets for minority groups	
Diet and behaviour	
Governors role within Healthy Eating	
Please suggest any other topics that you might feel useful	

Name:

Work Address:

Telephone Number:

Email Address:

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